



# Glenbrook Swimming Club Inc.



## Glenbrook Festival Open Carnival

Qualifying Meet – Area Approved

Sunday 13<sup>th</sup> November 2011

Warm up 7.45am start 8.30am

Entries Limited to 1400 – Timeline Expected: 8:30am to 4:00pm

Electronic Timing will be used - Heated 50m Outdoor Pool

GLENBROOK AQUATIC CENTRE - Cnr Fletcher & Wascoe St Glenbrook

M	F	Event			M	F	Event		
<b>Individual Medley Events</b>					<b>OPEN Freestyle</b>				
				<b>QT</b>					<b>QT</b>
1	2	12 Years & Under	200m	3:30:00	43	44	Open Freestyle	400m	6:15:00
3	4	13 Years & Over	200m	3:05:00					
<b>Backstroke Events</b>					<b>Freestyle Events</b>				
5	6	7 Years & Under	25m		45	46	7 Years & Under	25m	
7	8	8 Years & Under	50m		47	48	8 Years & Under	50m	
9	10	9/10 Years	50m		49	50	9/10 Years	50m	
11	12	<b>OPEN Butterfly</b>	200m	3:15:00	51	52	<b>OPEN Breaststroke</b>	200m	3:30:00
<b>Backstroke Events</b>					<b>Freestyle Events</b>				
13	14	11/12 Years	50m		53	54	11/12 Years	50m	
15	16	13/14 Years	50m		55	56	13/14 Years	50m	
17	18	15 Years & Over	50m		57	58	15 Years & Over	50m	
<b>Breaststroke Events</b>					<b>Butterfly Events</b>				
19	20	12 Years & Under	100m		59	60	12 Years & Under	100m	
21	22	13 Years & Over	100m		61	62	13 Years & Over	100m	
<b>Butterfly Events</b>					<b>Breaststroke Events</b>				
23	24	7 Years & Under	25m		63	64	7 Years & Under	25m	
25	26	8 Years & Under	50m		65	66	8 Years & Under	50m	
27	28	9/10 Years	50m		67	68	9/10 Years	50m	
29	30	<b>OPEN Backstroke</b>	200m	3:05:00	69	70	<b>OPEN Freestyle</b>	200m	2:45:00
<b>Butterfly Events</b>					<b>Breaststroke Events</b>				
31	32	11/12 Years	50m		71	72	11/12 Years	50m	
33	34	13/14 Years	50m		73	74	13/14 Years	50m	
35	36	15 Years & Over	50m		75	76	15 Years & Over	50m	
<b>Freestyle Events</b>					<b>Backstroke Events</b>				
37	38	12 Years & Under	100m		77	78	12 Years & Under	100m	
39	40	13 Years & Over	100m		79	80	13 Years & Over	100m	
<b>Mixed Medley Relay Events</b>					<b>Mixed Freestyle Relay</b>				
41	12 Years & Under		200m		81	12 Years & Under		200m	
42	13 Years & Over		200m		82	13 Years & Over		200m	
<b>LUNCH</b>									

### Rules and Conditions of Entry

- Area approved meet conducted under Swimming NSW Rules. Results will be submitted to Swimming NSW and uploaded to the Clubsonline database.
- Age as at carnival date – 13<sup>th</sup> November 2011. All swimmers must be registered with SNSW.
- Entries: e-entries only will be accepted. MM & TM file available from: [www.glenbrookswimmingclub.com.au](http://www.glenbrookswimmingclub.com.au) or Swimming NSW website  
Email MM or TM file to: [gscracesec@westnet.com.au](mailto:gscracesec@westnet.com.au)
- Entries: \$5.00 per individual swim  
Relays: \$8.00 per team  
Program \$5.00 (normal pool admission charges will apply)  
**PLEASE NOTE: RELAY ENTRIES MUST BE SUBMITTED WITH INDIVIDUAL E-ENTRIES ONLINE by the closing date. Maximum of two entries per relay event per club permitted.**
- Entries close Friday 4<sup>th</sup> November 2011, (if entry limit is not reached prior). No late entries will be accepted.
- Summary sheet and cheque, payable to Glenbrook Swimming Club Inc., to be posted to Race Secretary, PO Box 205, Glenbrook NSW 2773.

8. One Start Rule will apply and all events will be conducted as timed finals. Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> for individual events. The 9/10, 11/12 & 13/14 year events will receive medals for their own age group for 50m events only. Ribbons will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in relay events.
9. The Meet Director reserves the right to amend the program of events.
10. Swimmers that enter into a 25m event are ineligible to enter the 50m and/or 100m event of the same stroke.
11. Assistance with timekeeping by ALL clubs will be appreciated. Volunteer prizes drawn throughout the day.
12. Events 41, 42, 81 & 82 are all 4 x 50m relays and are multi age. Relay teams must consist of one of each gender.
13. Canteen, Coffee & Slushie Van and club BBQ facilities will be available.
14. Enquires to race secretary: Lesley Harris 0414 291 223. Email: [gscracesec@westnet.com.au](mailto:gscracesec@westnet.com.au)